



The Sunrise-Sunset Group of Alcoholics Anonymous

SEPTEMBER 2019

www.SunriseSunsetGroup.org

Thursday Speakers

- 5th Seamus K.
- 12th Nancy C.
- 19th Chimene T.
- 26th Larry F.

Saturday Speakers

- 7th Marilynn S. *
Step 12
- 14th TBA *
Step 1
- 21st Wayne B. *
Step 1
- 28th Luther W. *
Step 2

Tuesday Leaders

- 3rd Debbie R. *
- 10th Daniel H. *
- 17th Aaron S. *
- 24th Lynn R. *

* for more information visit our website at SunriseSunsetGroup.org

THE SUNSET GROUP
5056 Van Nuys Blvd., Sherman Oaks
Thursday 7:00-8:30pm



THE SUNRISE GROUP BIG BOOK STEP STUDY
SpiritWorks, 260 North Pass Avenue, Burbank
Saturday 8:15-9:30am

THE SUNSET GROUP BIG BOOK STUDY
11031 Camarillo Street, North Hollywood
Tuesday 7:00-8:00pm



Alcoholics Anonymous is an international mutual-aid fellowship with more than 2 million members worldwide. It strives to help members "stay sober and other alcoholics achieve sobriety." Despite the fact that studies of its efficacy have been inconsistent, AA has had a significant and long-term effect on the culture of the United States, and one of its founders was listed among Time's most important people of the 20th century.

One little-known aspect of the history of this enormously popular therapy, and a testament to the interdisciplinary nature of health and wellness, is the influence of the Swiss psychiatrist Carl Gustav Jung.

AA was founded in 1935 by William Wilson and Robert Smith in Akron, Ohio. Years later, Wilson wrote to Jung acknowledging his "critical role in the founding of our Fellowship." Jung's unusual influence came largely through his unsuccessful treatment of Rowland Hazard, an investment banker and former state senator from Rhode Island who, in the late 1920s, found himself slipping ever deeper into uncontrollable drinking. In Wilson's words, Hazard had "exhausted other means of recovery from his alcoholism" when he consulted Jung.

According to correspondence between Hazard and his cousin, the Pulitzer prize-winning poet Leonard Bacon (also a patient of Jung), Hazard had daily sessions with Jung in Zurich over several months, and stopped drinking. However, after an alcoholic relapse during a trip to Africa, Hazard was brought back by his cousin to Jung as a "court of last resort" in 1928. During this second analysis series, Jung pronounced Hazard a chronic alcoholic, and stated there was nothing more that psychiatry or medicine could do for him. There was just one hope, Jung said: Occasionally alcoholics could recover after experiencing some type of religious conversion. However, he cautioned, recoveries due to a life-changing "vital spiritual experience" were relatively rare. (end part 1)

- originally published by Aeon, a digital magazine for ideas and culture



"... and when you think that six years ago she was packed up and ready to leave me."

The following tale was said to be one of Bill W.'s favorites: A man is **living alone on a desert island**, and finally a ship comes to rescue him. The captain notices a lot of buildings around the island, so the loner takes him on a tour. After walking awhile, they come to a building with a sign out front that says "AA." "Yes, indeed, I'm a member," the loner says proudly. A little later on they walk past another building, and this one has the same AA sign. The ship's captain is curious and asks for the reason. The loner shrugs: "Oh, that's the meeting I won't go to."

September 1960

From "A Rabbit Walks into a Bar: Best Jokes & Cartoons from AA Grapevine"

The San Fernando Valley Central Office is at 16132 Sherman Way, Van Nuys CA 91406, 818-988-3001 (sfvaa.org).
The Sunrise-Sunset Group and meetings are in District 17 (www.district17aa.org) of Area 93, Central California (www.area93.org).

If you would like to add to this newsletter please contact the editor at SunriseSunsetGroup@gmail.com